



SCANNO

CASTROVALVA

ANVERSA
DEGLI ABRUZZI

SAGITTARIO
GORGES

SCANNO AND THE ABRUZZO NATIONAL PARK



Palazzo D'Alessandro Wunderkammern & Suites

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A visit to Scanno and the Abruzzo National Park is unmissable, both from a historical, architectural and naturalistic point of view. Scanno can be reached by car from Caporciano in approximately 1:15/1:30.

The lake, awarded the Blue Flag, is completely suitable for swimming and also has an equipped beach where you can relax and sunbathe once you get out.

The entire route to or from Scanno offers ideas for visits and walks.

The extraordinary "balcony path" on Lake Scanno and the Sagittario Gorges from Frattura Vecchia to Castrovalva, on the trail of transhumant shepherds, is very interesting.

The route, a historic route for moving flocks in transhumance, starts from the silent alleys of Frattura Vecchia, a village abandoned after the 1915 earthquake, crosses the wild valley of the landslide, which led to the formation of the lake, and

reaches the pass of the 'Immaculate. From here begins the descent towards the Piani di Castro and the town of Castrovalva, a small eagle's nest perched at the exit of the Sagittario Gorges, passing over the long panoramic ridge of Monte Sant'Angelo, sometimes grassy, sometimes rocky, sometimes wooded, always overlooking the Gorges.

Anversa degli Abruzzi is also interesting, both for the village and for the WWF oasis, from which a path starts which will also take you to Castrovalva.



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Scanno rises at 1050 meters above sea level in the Sagittario Valley, and is one of the most beautiful villages in Italy. The origins of this place are very ancient and in fact it seems that it was already inhabited in Roman times. The small village today has a beautiful historic center and labyrinthine alleys. Over time it has earned the nickname "city of photographers", thanks to its views immortalized by photographers such as Henri Cartier-Bresson or Mario Giacomelli, whose photo of Scanno is part of the collection of the Museum of Modern Art in New York.

The lake, awarded the Blue Flag, is completely suitable for swimming and also has an equipped beach where you can relax and sunbathe once you get out. Formed due to a landslide

that detached from Mount Genzana which blocked the flow of the Tasso river, this body of water is immersed in a unique landscape among the peaks of the Marsican Mountains. There are various routes around Lake Scanno that can be travelled by bike or on foot.

The village is a network of winding streets and stately buildings, ancient arches and decorated portals, characterized by cemmause or typical entrance staircases to the buildings. To discover the village on foot you can follow an itinerary known as the Ciambella given its circular shape, which starts and ends at the Church of Santa Maria della Valle, the most important in the town, built in Abruzzo Romanesque style which houses traces of medieval frescoes and a wooden choir. Among the most beautiful

squares there is certainly Piazza San Rocco overlooking Palazzo Mosca. However, there are various artisan shops, many of them goldsmiths, where it is possible to purchase the presentosa, an engagement jewel that the woman wore to announce that she was engaged. Built with the stones of an ancient city gate is the Wool Museum which documents daily life in Scanno between 1850 and 1930.

There are many excursion routes in the surroundings of Scanno, including a medium difficulty path that leads to the Carapale valley and subsequently to the Ciminiere pass. Those who are more trained can go up the climb to the top of Terratta at 2202 metres.



Scanno Lake



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Scanno



Sagittario Gorges- Anversa degli Abruzzi



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San Domenico Lake - Villalago



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CastroValva



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Frattura Vecchia



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GOOD TO KNOW

- a) Like all other brochures, the goal is to give you ideas for deciding where to go and what to do. An absolutely partial vision, considering the infinite options available.
- b) Similarly, these notes are not intended to be a substitute for guides and maps, which are always useful, often necessary, indispensable when it comes to paths and walks in the mountains,

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